

For more information, call our  
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# Life Care Planning

- **What is Life Care Planning?**
  - A TEAM approach to organizing care for a loved one with a chronic, progressive, debilitating illness.
  - A service that helps people access and pay for quality care.
  - A process that provides guidance navigating the health care maze with the assistance of:
    - Elder law attorneys
    - Medicaid and VA paralegal
    - Experienced geriatric social worker

- **What are the Objectives of Life Care Planning?**
  - **CREATE** estate and disability planning documents
  - **AMEND** and **MODIFY** current estate planning documents in light of changing health issues
  - **REVIEW** and **NEGOTIATE** housing, health care, long term care insurance and disability contracts
  - **IDENTIFY** care resources and goals
  - **ACCESS** quality care and services
  - **MAINTAIN** elders' control of decision making
  - **PROTECT** the healthy spouse
  - **COORDINATE** health providers
  - **PROVIDE** on-going education, support and advocacy
  - **PREVENT** crises by early intervention
  - **ADDRESS** fear of isolation, outliving assets, unwanted life support
  - **MAXIMIZE** resources

- **A Life Care Plan Answers Three Questions:**
  1. How do you access all benefits available to you and understand which coverage or benefits pay for which service?
  2. How do you protect the maximum resources and income so that expensive long-term care costs do not consume lifetime savings, thereby preserving assets for your spouse and/or children?
  3. How does a person with a chronic illness access and pay for good long-term care?

- **What is the Process?**
  - Set goals through a comprehensive assessment of home, caregiver, estate, benefits, care needs and financial situation
  - Analyze financial and health care information to help with crucial decision-making
  - Apply funds to help maintain independence and choice
  - Provide ongoing advocacy and monitoring to maximize well being, dignity and quality of life

- **Who Benefits from a Life Care Plan?**
  - **ELDERS** maintain control as long as possible
  - **CAREGIVERS** secure quality care
  - **FAMILY** is supported and has peace of mind knowing that a professional advocate is only a phone call away